

Reports on the Effects Long-Term Participation In The Monroe Institute Programs

Participant D

How does the Spirit move across the Face of the Earth?

The Story of Participant D

In the middle of the city where she was raised, she spent “a lot of time in nature.” She would scamper up and down the “mounds of earth on the lot next to my home.” She loved the overgrown foliage. “The weeds felt like a jungle. It was magical for me.”

Until she was 6 years old, she “could fly and communicate well with trees and other living things. I had lots of ‘imaginary’ friends.” Then she slipped on ice, slid down a hill and was knocked unconscious. Things changed after this, “I could only remember flying.”

But this didn’t shut the door on her transcendent experiences with nature. Throughout her youth she would have moments when she “felt a sense of grace and I would see the world differently. I called it the ‘silver world’ – seeing the world of nature as enwrapped in a living energy. At those times, everything was full of love and it felt very personal.”

When she was 14, during one of these moments in her “secret sacred park” she felt a “feminine presence that was very loving and full of grace. There was a voice that told me everything would be okay. These moments came to me as I seemed to need them.”

Understanding Transpersonal Experiences

I do not hold other people responsible for my happiness or fulfillment. I find that focusing on anger usually gets me stuck, so I experience it and move on. My guidance continues to remind me not to take everything so seriously.

What is on the Other Side of the Rainbow?

Engagement of Multiple Intelligences

As a child I could fly and communicate well with trees and other living things. I had lots of imaginary friends.

- Self-trained painter.
- Currently runs her own business as a physician.
- Teaching parttime at the University level.
- Biking and yoga.

Other Personal Development Activities

- Has been doing Abraham work with Jerry and Esther Hicks for a number of years and also has done Orin and DaBen work with Sanaya Roman and Duane Packer, respectively. Recently began painting.

Relationship with Inner Guidance

- I always had a strong presence of guidance [which has been experienced as] a sense of grace most of my life. Rather than struggling with my choices, I have felt guided to go through the open doors the universe has provided me.
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Compassion for Oneself and Others

- I now feel I don't need to fit in before using my gifts [as a healer] to help others take their next step. I know I don't heal people. It is their own inner state that leads to their healing.

Sense of “Being Called” To Be Present with Others

- My purpose is to help show people a space of love that is already there for them.